

Probiotics For Specific Conditions and Probiotic Products

Probiotics to restore antibiotic damaged microbiome

Lactobacillus acidophilus, *bifidobacterium bifidum*, *bifidobacterium longum*, *infantis*, *rhamnosus*, and *Lactobacillus salivarius*, *reuteri*, *casei*, *bulgaricus*, *sporogenes*, *laterosporus*, and *plantarum*.

Probiotics in VSL

Streptococcus thermophilus, *Bifidobacterium breve*
*Bifidobacterium longum** *Bifidobacterium infantis**
Lactobacillus acidophilus *Lactobacillus plantarum*
Lactobacillus paracasei
Lactobacillus delbrueckii subsp. bulgaricus **

* Reclassified as *B. lactis* ** Recently reclassified as *L. helveticus*

Probiotics in Lifeway Kefir

Lactobacillus Lactis. *Lactobacillus Rhamnosus*
Streptococcus Diacetylactis *Lactobacillus Plantarum* *Lactobacillus Casei*
Saccharomyces Florentinus *Leuconostoc Cremoris* *Bifidobacterium Longum*
Bifidobacterium Breve *Lactobacillus Acidophilus*
*Bifidobacterium Lactis** *Lactobacillus Reuteri**

Probiotics in Bravo Yogurt

Lactobacillus Salivarius, *Lactobacillus Acidophylus*,
Lactobacillus Paracasei, *Lactobacillus Rhamnosus*,
Lactococcus Lactis, *Bifidobacteri*.
Active Cultures: *Lactobacillus Acidophylus*, *Lactobacillus Bulgaricus*, *Streptococcus Thermophylus*, *Lactococcus Lactis*, *Leuconostoc*, *Kluyveromyces*, *Saccharomyces*, *Acetobacter*, *Bifidobacteri*.

Probiotics in Siggí's Filmjölk (kefir)

Lactococcus lactis subsp. lactis, *L. lactis subsp. cremoris*, *L. lactis subsp. lactis biovar diacetylactis*, *Leuconostoc subsp.*, *S. thermophilus*, *L. delbrueckii subsp. bulgaricus*

Probiotics in weareone MAFmaker

B. subtilis, *B. bifidum*, *B. breve*, *B infantis*, *B longum*,
L acidophilus, *L. delbrueckii*, *ssp. bulgaricus*, *L Casei*,
L plantarum, *L Rhamnosus*, *L. helveticus*, *L Salivarius*,
S Thermophylus, *L lactis*, *ssp lactis*, *colostrum*

Probiotics in natural yogurt starter culture

(*L. Bulgaricus*, *S. Thermophilus*, *L. Acidophilus*)

Ingredients in maf878

The starter contains probiotic bacteria and colostrum, which when added to kefir and yogurt will produce MAF.

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Probiotics For IBD, SIBO and related disorders

An overview of treating SRB's with probiotics genus *Bifidobacterium* species *B. Adolescentis*, *B. bifidum*, *B. breve*, *B. catenulatum*, *B. dentium*, *B. infantis*, *B. longum* or *B. Pseudocatenulatum*

VSL strains

Multi anti pathogenic probiotics including yeast

Bacillus Species but not limited to; *Bacillus coagulans*, *Bacillus subtilis*, *Bacillus laterosporus* and *Bacillus laevolacticus*

VSL strains

Anti fungal and algicidal probiotics

B. laterosporus
VSL strains

Probiotics for endotoxemia

Lactobacillus acidophilus or *Lactobacillus fermentum*

Probiotics in Yoplait

Lactobacillus bulgaricus
Streptococcus thermophilus
sometimes: *Lactobacillus acidophilus*

Probiotics in Chobani

Lactobacillus acidophilus
Bifidobacterium bifidum
Lactobacillus casei

Probiotics in Stonyfield Farms

Lactobacillus bulgaricus
Streptococcus thermophilus
Lactobacillus acidophilus
Bifidobacterium bifidum
sometimes *Lactobacillus rhamnosus*

Probiotics in Dannon

Lactobacillus bulgaricus
Streptococcus thermophilus
sometimes: *Lactobacillus acidophilus*
Bifidobacterium lactis DN-173 010 in Activia
Lactobacillus casei DN-114- 001 in DanActive

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Probiotics in Yakult

Lactobacillus casei Shirota

Probiotics in Fage

Lactobacillus bulgaricus
Streptococcus thermophilus
Lactobacillus acidophilus
Bifidobacterium bifidum
Lactobacillus casei

Probiotics in Greek Gods Yogurt

Lactobacillus bulgaricus
Streptococcus thermophilus
Lactobacillus acidophilus
Bifidobacterium bifidum
Lactobacillus casei

Probiotics in La Yogurt

Lactobacillus bulgaricus
Streptococcus thermophilus
Lactobacillus acidophilus
Bifidobacterium bifidum
Lactobacillus casei
Bifidobacterium animalis BB12

Probiotics in Voskos Greek Yogurt

Lactobacillus bulgaricus
Streptococcus thermophilus
Lactobacillus acidophilus
Bifidobacterium bifidum
Lactobacillus casei

Probiotics for SIBO

Lactobacillus plantarum, *Lactobacillus acidophilus*,
Lactobacillus casei, *Bifido*, *Rhamnosus*
VSL strains

Probiotics for constipation children

L reuteri
Lactobacillus Rhamnosus
L Reuteri NCIMB 30242
Bifidum

Probiotics for constipation adults

Lactobacillus casei Shirota
Bifidobacterium lactis DN-173 010 in Activia
L Reuteri NCIMB 30242
Bifidum

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Probiotics For Specific Conditions and Probiotic Products

Multi-Strain PROBIOTIC (by InnovixLabs). Broad Spectrum – 31 Diverse Probiotic Strains. 50 Billion live cultures.

Lactobacillus casei subsp casei SD-5842, Lactobacillus fermentum SD-5847, Lactobacillus plantarum SD-5870, Lactobacillus reuteri SD-5865, Lactococcus lactis subsp lactis SD-5848, Pediococcus acidilactici SD-5866, Bifidobacterium lactis BI-04, Lactobacillus paracasei Lpc-37, Bifidobacterium bifidum SD-5857, Bifidobacterium breve Bb-03, Bifidobacterium breve DSM 16604, Bifidobacterium infantis SD-6669, Bifidobacterium longum SD-5844, Bifidobacterium longum BI-05, Lactobacillus acidophilus DSM 21717, Lactobacillus acidophilus La-14, Lactobacillus brevis Lbr-35, Lactobacillus casei subsp casei Lc-11, Lactobacillus gasseri Lg-36, Lactobacillus gasseri CIRM-BIA 1447, Lactobacillus helveticus SD-5861, Lactobacillus johnsonii CIRM-BIA 650, Lactobacillus plantarum Lp-115, Lactobacillus rhamnosus SD-5839, Lactobacillus rhamnosus GG ATCC 53103, Lactobacillus rhamnosus LR-32, Lactobacillus sakei SD-6853, Lactobacillus salivarius SD-5851, Lactobacillus salivarius Ls-33, Streptococcus thermophilus SD-5849, Streptococcus thermophilus St-21

Probiotics in Nexabiotic

Saccharomyces boulardii (S. boulardii).
 Bifidobacterium infantis (B. infantis).
 Lactobacillus acidophilus.
 Lactobacillus delbrueckii.
 Lactobacillus rhamnosus.
 Lactobacillus plantarum.
 Lactobacillus casei.
 Lactobacillus helveticus.
 Lactobacillus salivarius.
 Lactobacillus lactis.
 Lactobacillus paracasei.
 Lactobacillus brevis.
 Lactobacillus gasseri.
 Enterococcus faecium (E. faecium).
 Streptococcus thermophilus.
 Bifidobacterium bifidum.
 Bifidobacterium breve.
 Bacillus coagulans.
 Bacillus subtilis.
 Bifidobacterium longum.

Renew Life Extra Care Probiotic, Ultimate Flora, 150 Billion

Garden of Life - RAW Probiotics Colon Care * contains actual kefir grains

Directions: For best results, take one capsule daily, with or without food.

Supplement Facts	
Serving Size: 1 Capsule	Servings Per Container: 30
Amount Per Serving	%DV
Extra Care 150 Billion Blend	
Bifidobacterium lactis (5 strains)	***
Bifidobacterium longum (3 strains)	***
Bifidobacterium bifidum (3 strains)	***
Bifidobacterium breve (2 strains)	***
Bifidobacterium infantis (2 strains)	***
Total Bifido Probiotic Cultures	88.5 billion
Lactobacillus acidophilus (3 strains)	***
Lactobacillus casei (2 strains)	***
Lactobacillus paracasei (2 strains)	***
Lactobacillus plantarum (3 strains)	***
Lactobacillus brevis	***
Lactobacillus salivarius	***
Lactobacillus rhamnosus (5 strains)	***
Lactobacillus fermentum	***
Lactobacillus helveticus (2 strains)	***
Lactobacillus reuteri	***
Lactobacillus gasseri	***
Lactobacillus bulgaricus	***
Total Lacto Probiotic Cultures	61.2 billion
Lactococcus lactis	***
Streptococcus thermophilus	***
Total Other Probiotic Cultures	0.3 billion
Total Bifido/Lacto/Other Probiotic Cultures	150 billion

*** Daily Value (DV) not established.
 Other Ingredients: Vegetable capsule (vegetable fiber and water) and cellulose.
 Contains traces of dairy. May contain traces of soy from fermentation ingredients.

Supplement Facts

Serving Size 1 Capsule		Servings Per Container 30	
Amount Per Capsule			
Colon Care Blend	50 Billion CFU [†]	+	
ISS Bif™ Bifidobacterium lactis (SD-5219), Lactobacillus acidophilus (SD-5221), Bifidobacterium lactis (SD-5674), RAW Whole Food Probiotic Blend: Bulgarian Yogurt (milk) Concentrate, Eastern European Wild Kefir Culture containing Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus brevis, Lactobacillus bulgaricus, Lactobacillus casei, Lactobacillus fermentum, Lactobacillus helveticus, Lactobacillus kefirifaciens, Lactobacillus kefirgranum, Lactobacillus rhamnosus, Lactococcus lactis, Lactococcus cremoris, Streptococcus thermophilus, Lactobacillus kefir, Lactobacillus parakefir, Lactobacillus plantarum, Lactococcus lactis biovar diacetylactis, Leuconostoc lactis, Leuconostoc mesenteroides, Leuconostoc cremoris, Leuconostoc dextranicum, Kluyveromyces marxianus, Brettanomyces anomalus, Debaryomyces hansenii, Saccharomyces unisporus, Saccharomyces turicensis, Saccharomyces cerevisiae, Saccharomyces exiguus, Torulaspora delbrueckii			
Colon Transit Support Enzyme Blend	50 mg	+	
Amylase, Proteases, Lactase, Glucoamylase, alpha-Galactosidase, Lipase, Pectinase, Peptidase, Bromelain, Phylase, Hemicellulase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase			
Eastern European RAW Fruit & Veggie Blend	45 mg	+	
Red Bell Pepper (Fruit), Green Pea (Seed), Carrot (Root), Plum (Fruit), Cherry (Fruit), Strawberry (Fruit), Raspberry (Fruit)			

† Daily Value not established.
 Other ingredients: Vegetable cellulose.

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